

2023 Fall Dental Symposium

Sponsored by NCC ADHA Student Chapter

Symposium Presentations:

Healthcare and the Social Determinants of Health

Health: "Complete state of physical, mental, and social wellbeing not merely the absence of disease or infirmity" (World Health Organization, 1948). Health and illness are consequences of the interplay of biological, psychological, and social factors. There are many factors responsible for practicing and changing health behaviors, and for how people respond to illness: how they experience illness, how they seek and receive treatment, and how they cope with health issues. Those issues include: Demographics (gender, race, ethnicity, etc.), Psychological and emotional influences (how much control does a person feel about their health? how much knowledge do they have? how much stress do they experience in their lives?), and Social settings (access to health care, stressors in their environment, access to healthy food, green spaces, etc.). *Presenter: Gina Turner, Executive Director, DEI & Professor of Psychology, Northampton Community College*

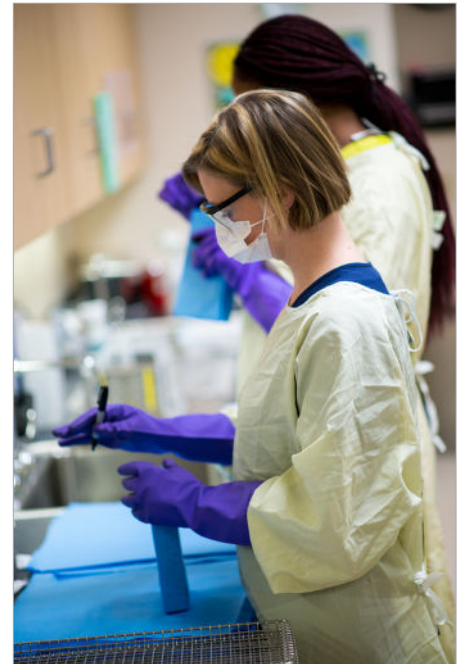
Feeling the Burn(out)?

This course will provide you with the tools to conquer your transition into the dental hygiene field as a new graduate or to create momentum along your journey as a seasoned dental team member. You will learn how to identify the signs and symptoms of imposter syndrome and burnout and the importance of establishing professional boundaries. This course will help you unlock your confidence as an educated healthcare provider. You will develop the skills needed to navigate, manage, and overcome imposter syndrome and burnout. You will discover where professional boundaries can be applied. By the completion of this course, you will develop the skills needed to set professional boundaries for yourself with confidence and ease. *Presenter: Letitia Hill, BS, RDH, founder Sunday Scalies*

Professional Presentation Program

Undergraduate students will have the opportunity to raise awareness of an issue relevant to dental hygiene practice. Topics may include dental hypersensitivity, erosion, gingival health, denture care, appliance care, dry mouth, nicotine replacement therapy, pain management, stannous vs. sodium fluoride, antiseptic mouth rinses, specialty toothpastes, and creating good oral home care regimens. Participants will engage with student presenters to share best practices for patient care and elevating positive health outcomes. *Presenters: NCC 2024 Dental Hygiene Class*

For questions, call 610-332-6585 or e-mail healthcare@northampton.edu.



Program Details:

Fri., **Nov. 10, 2023**, 8am-1pm

Breakfast buffet: 8am

Program: 9am-1pm

Fowler Campus, Room 114

Fee: \$35

Course code: DENTL420

CEUs: 4.0

Deadline to register: Nov. 6

Register online with a credit card at northampton.edu/HealthcareCourses.