CONTINUING EDUCATION INFORMATION

CONTINUING EDUCATION COURSES
There will be limited attendance in some CE courses due to room size.

- **Academy Members and ADHA Members** must be on the current membership roster.
- **ADA or ADAA Members** – use member fee.
- **2015 Grad or Current Student** – current student (must send copy of student ID) or 2014 graduate. (Use GRAD fee)
- **Distinguished Academy Members** Must be on the current roster. May choose Course #1, 2, 4, or 6 at no charge.
- **Continuing Education Credits** - All courses have been approved for continuing education credits through the Academy of General Dentistry, the Pennsylvania Academy of Dental Hygiene Studies, and the Dental Assisting National Board (DANB.)

WEDNESDAY, November 4, 2015

CE#1 3 CEUs  2:00pm—5:00pm

**Something to Chew On—The Affects of Aging on Oral Health**
Presenter: Judy Bendit, RDH, BS
Sponsored by: Colgate Professional

**Course Description:** Just like all of us, our patients are advancing in age and are facing some complicated age-related consequences. Food impactions, expanding restorations, temperature sensitivity, xerostomia, grinding, and erosion are just a few of the many issues they will face as they grow older. This course looks at the contributing factors that will be affecting our aging patients and provides an opportunity to discuss their personal and our professional dilemmas. We will chew on the facts and spit out potential solutions that will help us all age tastefully.

**Presenter:** Judy Bendit has been invited to present programs at more than 300 dental and hygiene meetings in the United States and Canada. She currently holds an Adjunct Faculty position in the Periodontal Department, Temple-Kornberg School of Dentistry. In addition to speaking, Judy also has written many articles on dental related topics. She is a volunteer for the Global Smile Foundation which performs community outreach around the world and The Caridad Center in Palm Beach where she provides care to the underserved.

Following her years of practice as a clinical dental hygienist, Judy served as a Professional Sales Representative for manufacturers of dental products for 12 years. She also served as an educational consultant for several dental manufacturers for the past 15 years. In recognition of her expertise as a presenter, Judy has been recognized for several years as a “Top Leader in Dental Education” by Dentistry Today. She has been a longstanding member of the ADHA and a Distinguished Member of the Pennsylvania Academy of Dental Hygiene.

http://www.colgateprofessional.com/
WEDNESDAY, November 4, 2015

Enter to win a Crown Seating Dental Operator Stool

Tickets $10 each or 3 for $25

Tickets will be available during CE#1 & CE#2 and Wednesday thru Saturday at the registration table during registration hours.

**CASH or CHECKS ONLY**
(Checks for raffle are made payable to: PDHA)

**Not to be included in registration fees**

Drawing will be held at the Second House of Delegates on Saturday, November 7th.

Winner must be present to pick up stool
(or designate someone to pick up the stool—stool will NOT be shipped.)
WEDNESDAY, November 4, 2015

CE#2  3 CEUs   6:00pm—9:00pm

Working Smarter, Not Harder:
Effective Utilization of Instruments, Loupes, and Other Products
Presenter: Judy Bendit, RDH, BS
Sponsored by: Orascoptic

Course Description: Let’s take a close look at all the ways that you can make your job easier and then say “Goodbye” to pain with smarter working techniques. This course will focus on practical principles to enhance your dexterity, preserve your strength, and increase your confidence when confronting clinical challenges. Included in the discussion will be your room layout, gloves, instruments, loupes, and a lot of other great tips to make your clinical experience more effective.

At the conclusion of the course you will be able to recognize clues and signals that identify potential physical problems and eliminate them before they cause permanent damage, emphasize positive “neutral” postures and eliminate or reduce negative “flexions” and “extensions,” recognize and convert the not-so-obvious physical stressors in daily routines—sneaky “hidden” stressors that cause fatigue, analyze “motions” and movements that create a risk for musculoskeletal problems, and discover realistic, effective methods to defeat chairside postural problems including proper utilization of loupes.

Presenter: Judy Bendit has been invited to present programs at more than 300 dental and hygiene meetings in the United States and Canada. She currently holds an Adjunct Faculty position in the Periodontal Department, Temple-Kornberg School of Dentistry. In addition to speaking, Judy also has written many articles on dental related topics. She is a volunteer for the Global Smile Foundation which performs community outreach around the world and The Caridad Center in Palm Beach where she provides care to the underserved.

Following her years of practice as a clinical dental hygienist, Judy served as a Professional Sales Representative for manufacturers of dental products for 12 years. She also served as an educational consultant for several dental manufacturers for the past 15 years. In recognition of her expertise as a presenter, Judy has been recognized for several years as a “Top Leader in Dental Education” by Dentistry Today. She has been a longstanding member of the ADHA and a Distinguished Member of the Pennsylvania Academy of Dental Hygiene Studies.

www.orascoptic.com/www.surgicalacuity.com

**Attendees will have an opportunity to win a Crown Seating Chair at this course.**
Infection Control With a Twist” and “OSHA Update”
Presenter: Noel Brandon-Kelsch, RDH, RDHAP
Co-Sponsored by: GC America and Kerr Total Care

Course Description: Ever sit through an infection control class and wish you could nod off? Noel Kelsch, RDH, decided to change that using humor and cutting edge information. This course will give you up-to-date and practical information designed to keep both the clinician and the client safe. Stressing the essential value of breaking the chain of infection at every level, attendees will return to their offices equipped with practical, clearly defined steps to ensure adequate infection control in the dental setting. Utilizing Noel’s OSHA designated outreach trainer status, this course includes an update on the OSHA and CDC recommendations. This 2 unit action-packed course was developed to meet the regulatory requirements from the State of California Dental Board Infection Control regulations specific to CCR 1005. It includes hands-on training, lecture, discussion, power-point presentation and handouts for future use in the dental setting.

After taking this course the dental professional will be able to: delineate the regulatory requirements for minimum standards in Infection Control as required by regulation, understand the regulations, processes and procedures necessary to comply with the regulations, assess their level of learning and mastery of the course content through workplace application.

Presenter: Noel Brandon-Kelsch is an international speaker, writer and Registered Dental Hygienist in Alternative Practice. She is passionate about oral health and has the uncanny ability to motivate and enlighten audiences through her unique humor and cutting edge information. She takes tough subject matter and presents it in such an interesting way that it becomes thought provoking even to those not involved in her industry. She is the infection control columnist for RDH magazine, a syndicated newspaper columnist, and has been published in many books and magazines. She has brought the message of oral health to media networks from Disney Radio to ESPN. Noel’s research on infection control and cross contamination continues to enlighten dental professionals and protect patients. Noel has reached out to underserved populations and taken her message and methods of prevention of oral diseases to the street.

Her clinical research on the impact of Methamphetamine Abuse on the oral cavity and treatment protocols has changed lives. Noel has received many national awards including: Top 25 Women in Dentistry 2014, Who’s Who in Infection Control 2014, Colgate Bright Smiles Bright Futures, RDH Magazine Sun Star Butler Award of Distinction, USA magazine Make a Difference Day Award, President’s Service Award, Foster Parent of the Year, Hu-Friedy Master Clinician Award and as if that isn’t enough, she is also a five time winner of the Castroville Artichoke cook off! Noel is a Past President of the California Dental Hygienist’s Association and Key Organization Leader for: Sunstar America, GC America, Philip Life Style and Kerr Total Care, Hu-Friedy, Orascoptic, Dux Dental and American Eagle.
Ecstasy and Poppy Seed Tea, What does that mean to me?
Street Drugs and Dental Implications
Speaker: Noel Brandon-Kelsch, RDH, RDHAP
Co-Sponsored by: GC America and Kerr Total Care

Course Description: People are creating lethal concoctions using everything from poppy seeds to cold medications to create a high. The tide is changing and new synthetic drugs are emerging. In 2011, an estimated 22.5 million Americans aged 12 or older or 8.7 percent of the population had used an illicit drug or abused a psychotherapeutic medication (such as a pain reliever, stimulant, or tranquilizer) in the past month. That means for every 100 patients in the average practice, almost 9 will have used illicit drugs in the past month. As dental health-care professionals, it is vital to be aware of the use of street drugs. Street drugs have a direct effect on a person’s health, lifestyle, ability to function, and mental status. Dental professionals must have knowledge of the symptoms of use, possible side effects, drug interactions with medications, and dental treatment considerations. This course will aid in delivering appropriate dental treatment and patient education.

Noel Kelsch has devoted 25 years to volunteering at free clinics. There, she has seen many patients that have been impacted by the devastating effects of street drugs on the oral cavity and life of the patient. As an RDHAP (independent practice), Noel has reached out to the underserved taking her backpack to the streets with preventive tools and increasing access to care. She has made it her mission to conduct research and find information to equip the dental community with the tools to treat patients dealing with the effects of street drugs. Noel’s research on the impact of street drugs can be seen in national and international publications.

It is Noel’s hope that this class will inform the dental professional of the devastating effects of street drug use and put them in a better position to properly treat and/or refer these patients.

At the conclusion of this course, you will have the knowledge to identify the signs, symptoms and effects of street drugs, recognize the role of the dental team in intervention and treatment of patients abusing or addicted to street drugs, and build a treatment plan and office protocol for treating patients impacted by street drugs.

Presenter: (see CE#3 for Noel’s bio)
FRIDAY, November 6, 2015

8:00am - 10:00am

Student Table Clinics

Learn about all the newest dental hygiene topics at the student table clinics presentation. Attendees can simply observe a number of table clinics for 1 CEU, or earn 3 CEUS for serving as a judge. Judges must attend a short orientation meeting that morning for instruction and answer a short email survey prior to annual session.

During this time, student ADHA members from PA dental hygiene schools will be presenting their table clinics to all that attend Annual Session. Come and learn about the latest trends, technologies, theories and techniques by attending the public viewing of the student table clinics. Students from across the state will be presenting their table clinics on useful and timely information pertinent to your dental hygiene practice.

Please come, listen and learn what they have to share.

- The table clinics will be judged in the morning. Awards will be presented at the end of the student lunch.
- Attend five (5) table clinics and receive 1 free continuing education credit per person.
- JUDGES needed. Please consider volunteering your time as a PDHA Table Clinic judge. It’s a great way to support PDHA and its students. If interested, check the box on the first page of the registration form. Thank you.

CE credits will also be available for judges.
FRIDAY, November 6, 2015

Educators’ Course  4 CEUs  11:00am—3:30pm  (for Educators Only)  (lunch included)

Transforming the Profession: Preparing Students for Inter-professional Care

Presenters: Angelina E. Riccelli, RDH, MS; Antonia T. Ambrosino, RDH, BS; and Ann M. Mitchell, PhD, RN, FAAN

Course Description: This course is designed to expose dental hygiene educators to the benefits of developing and integrating inter-professional (IP) education within their curricula.

The goal of this continuing education course is to recognize the value of and opportunities for inter-professional education and practice collaboration within the context of screening and intervening with patients who use alcohol or other drugs.

At the conclusion of the course, the attendee will be able to: Explain the paradigm shift from intra to inter-professional collaborative team-based education, recognize appropriate clinical and didactic courses for IP collaborative education, recognize effective communication tools and techniques to initiate interactions with other health care professionals, identify the process and components of screening, brief intervention, and referral to treatment (SBIRT) for alcohol and other drugs, and identify the importance of motivational interviewing in SBIRT.

Presenters:

Angelina Riccelli is a 1974 graduate of the University of Pittsburgh School of Dental Medicine Dental Hygiene Program. She received her BS (Natural Science) in 1974 and an MS (education track) in 1984 from the School of Health Related Professions (now the School of Health and Rehabilitation Sciences), University of Pittsburgh. Her current academic rank is Associate Professor; and she has served as Director of the Dental Hygiene Program from 1992 to present. Ms. Riccelli serves, or has served, on the regional and national level as: a consultant to the North East Regional Board of Dental Examiners (NERB) in the capacity of a dental hygiene clinical examiner and captain 1999-present, desk coordinator for NERB dental clinical examinations, 2014-present; member of the ADLEX Dental Hygiene Examination Committee 2007-2012; officer of the Oral/Dental Hygiene Research Group, International Association for Dental Research 1995-1999, chair in 1999; member of the American Dental Hygienists’ Association Oral Health Institute 1998-2004, chair 2004; consultant to the Commission on Dental Accreditation (CODA) 1998-2003; and serves as a reviewer for the Dimensions of Dental Hygiene Journal; and member of the University of Pittsburgh Senate Benefits and Welfare Committee 2007-present. Her research interests include: aggressive form of periodontal disease, association between oral and systemic health, the importance of self-care and prevention of dental diseases, and works in collaboration with the Graduate School of Nursing in areas of SBIRT student inter-professional education and training.

(Educators Course continued on page 8)
Antonia T. Ambrosino, RDH, BS, is Instructor and Senior Clinical Coordinator of Dental Hygiene at the University of Pittsburgh, School of Dental Medicine. She has taught and participated in scholarly activity for 9 years.

Ann M. Mitchell, PhD, RN, FAAN is Professor of Nursing and Associate Professor of Psychiatry at the University of Pittsburgh School of Nursing. She has taught and done research for over 25 years.
FRIDAY, November 6, 2015

CE#5  3 CEUs  11:00am—2:30pm  (lunch included)

What’s In Your Pocket?
Maximizing Innovations in Periodontal Medicine for Total Body Health And Wellness
Presenter: Debbie Z. Sabatini, RDH, BS, BA

Course Description: Are you having difficulty identifying aggressive pathogens that are affecting your patient’s health? Gambling that your standard periodontal therapy will be effective for ALL your bleeding patient's? Are you affected by the economy and having to deal with your patient's only “Want What My Insurance Covers?” Then you and your team should make yourselves available for this thought provoking, system providing, interactive event! Implement the 4 Cs to Optimal Care.

Debbie, a passionate, well-respected dental hygienist & pioneer health crusader will lead an information packed program that will identify risk factors of oxidative stress and increased inflammatory burden that is preventing your patients from benefiting long term from your care. You will learn which technologies are available to identify periodontal biofilms that are associated to specific systemic illnesses like STROKE, DIABETES, MS, CANCER, RHEUMATOID ARTHRITIS, & MORE.

Learn how simple modification in risk assessment and personalized therapy including pH testing, oral care probiotics & anti-oxidants will give your patients the best chance of healing and long term health. As a dental health professional, now more than ever YOUR role in patient wellness is being called into action! By utilizing this information you will be prepared to discuss optimal care with your patients and collaborate with medical specialists in your community.

Are You Ready? Be Progressive, Be Informed, Be THE Office That Bridges the Gap Between Oral Care & Total Body Health!

**Attendees will have an opportunity to win a Crown Seating Chair at this course.

Presenter: Debbie Z. Sabatini, known in the industry as Debbie “Z”, is a Cause-Driven Educator, passionate speaker and pioneer health crusader with a wealth of cutting edge information used to ignite total health and wellness and ‘What can be’ to the world. Today Debbie continues to organize and participate in many charitable programs throughout the country. As a keynote speaker, Debbie specializes in marketing progressive informational, motivational and implementable programs for small business, sales professionals, industry leaders, as well as the medical community to whom she is dedicated. Her humble, relatable and inspiring style has made her a crowd favorite and an easy decision for meeting planners and organizations nationally and internationally. Debbie’s speaking experience has taken her around the country and provided her the privilege of presenting to medical and dental organizations. In addition, she has produced nearly 55 of her own events with hundreds of attendees with the OralEd Institute,™ a collaborative educational resource institute which she founded in 2012. Debbie also writes and has been published within several industry publications. Her goal is to finish her book: “Common$ence Why It’s Not so Common”,™
Enter to win a Crown Seating Dental Operator Stool

Tickets $10 each or 3 for $25

Tickets will be available Wednesday thru Saturday at the registration table, during registration hours and during CE#5 & CE#6.

**CASH or CHECKS ONLY**

(Checks for raffle are made payable to: PDHA)

**Not to be included in registration fees**

Drawing will be held at the Second House of Delegates on Saturday, November 7th.

Winner must be present to pick up stool (or designate someone to pick up the stool—stool will NOT be shipped.)
HPV, It’s Not the Hanky Panky Virus the Media Says It Is.
Oral Abnormality Screening & The MIS Understanding of Oral HPV
in the Healthcare Office
Presenter: Debbie Z. Sabatini, RDH, BS, BA
Sponsored by:

Course Information: New evidence has linked the presence of HPV in an oral mucosal infection to the increased risk of oral and oropharyngeal cancer. It has been a challenge in the past to identify those individuals with these risk factors until now. In this highly interactive program, participants will learn to conduct an Oral Abnormality Screening™ Exam and optimize verbal skills to educate the patient about self-examination techniques without invoking the fear of the threat of cancer. We will review the importance of consistently conducting an effective oral abnormality visual and tactile "lump, bump, & bulge" screening exam each time all patients are in our care. We will discuss adjunctive oral cancer screening technologies as well as review why oral systemic health and wellness are key to oxidizing viral infections. Finally, we will have a checklist of what products we can safely recommend to patients that are going through cancer therapy and why our position is so valuable to them.

This course will give the attendee tools to discuss changes in the patient's mouth without dismissing a single small spot or watching what happens in between appointments. We will also discuss optimizing BENEFICIAL product positioning to provide comfort for patients in cancer therapy and support their journey as an advocate and friend. By the completion of the course, attendees will have an active role in Making Oral Cancer History. The goal of the course is to not “guess” what the lesions looks like but to transition the oral exam into a dialog with the patient that the oral care specialist (RDH & Doctor) are ‘concerned with some changes that they had not noticed before,’ and to utilize screening and minimally invasive diagnostic tools to reduce the risk factor of late stage cancer detection. Throughout this high energy and interactive presentation, we will look at and use some of the screening technologies and minimally invasive diagnostic tests available to us for oral abnormalities.

Presenter: Debbie Z. Sabatini, known in the industry as Debbie “Z”, is a Cause-Driven Educator, passionate speaker and pioneer health crusader with a wealth of cutting edge information used to ignite total health and wellness and ‘What can be’ to the world. Today Debbie continues to organize and participate in many charitable programs throughout the country. As a keynote speaker, Debbie specializes in marketing progressive informational, motivational and implementable programs for small business, sales professionals, industry leaders, as well as the medical community to whom she is dedicated. Her humble, relatable and inspiring style has made her a crowd favorite and an easy decision for meeting planners and organizations nationally and internationally. Debbie’s speaking experience has taken her around the country and provided her the privilege of presenting to medical and dental organizations. In addition, she has produced nearly 55 of her own events with hundreds of attendees with the OralEd Institute, ™ a collaborative educational resource institute which she founded in 2012. Debbie also writes and has been published within several industry publications. Her goal is to finish her book: “Common$ence Why It’s Not so Common”.™
SATURDAY, November 7, 2015

CE#7  5 CEUs  7:30am—1:00pm  (breakfast included)  *PUBLIC HEALTH COURSE

Cavity Free Kids — Train the Trainer
Co-Presenters: Helen Hawkey, RDH, PHDHP, Lisandra Maisonet, RDH, BS, PHDHP, and Christi Binder, BSDH, PHDHP

Course Description: What is Cavity Free Kids? In this curriculum, oral health is presented as an ongoing part of preschool education and includes classroom activities and parent and education materials for use in parent meetings and home visits. Cavity Free Kids is specifically designed for use in Head Start and ECEAP Programs, and this course will teach dental professionals the ins and outs of connecting with the groups who can benefit most. The curriculum was developed by the Washington Dental Service Foundation where they combined the expertise of an experienced childhood and parent educator and a public health dental hygienist. This course will motivate dental professionals to work with their community groups to better the oral health literacy of those around them. All materials and resources will be provided and this information can be applied in private practice pediatrics as well.

Presenters: Helen Hawkey is a public health dental hygienist whose passion is pediatric oral health. In 2011 she developed an oral health consulting firm, Healthy Smiles for Tomorrow, to target all groups involved in infant and toddler care. Helen serves on multiple state committees as a pediatric oral health consultant and is also the National Center for Health PA Head Start liaison to ADHA. She is certified as a Specialty Discipline Instructor with the PA Key, who administers continuing education to childcare providers. In addition to presenting courses to her peers, pediatricians, childcare providers, and health and wellness specialists, Helen works part-time as a clinical research coordinator for the University of Pittsburgh on a prenatal and pediatric oral health research study and as an Independent Educator for Waterpik, Inc. She has been an active member and officer of the Pennsylvania Dental Hygienists’ Association for the last 7 years. Helen received her AAS in dental hygiene and her BS in dental hygiene/health management from the University of Pittsburgh.

Lisa Maisonet, RDH, PHDHP, EFDA, MAADH, received her AAS degree in dental hygiene from Montgomery County Community College and a BS degree from Pennsylvania College of Technology. She is enrolled in a Master’s program in adult education at Penn State University. Further, she is certified as an Expanded Functions Dental Assistant and is an adjunct faculty in the Dental Hygiene Program at Montgomery County Community College. She is currently employed full-time for Newtown Dentistry for Kids & Newtown Orthodontics.

(CE#7 Presenters continued on page 13)
CE#7  Cavity Free Kids — Train the Trainer (presenters continued from page 12)

Christi Binder BSDH, PHDHP, received her BA in business administration and economics from the Anderson School of Management at the University of New Mexico, and her BS in dental hygiene from the University of New Mexico Medical School. She started working in collaborative medicine directly after graduation through an integrated externship at the Pecos Valley Medical Center. Moving across the country, Christi has brought her collaborative enthusiasm along with her to support integration of dental and medical practice here in PA. She is past president of the Lancaster/Lebanon/York Area Dental Hygienists Association and is currently President–Elect of the Pennsylvania Dental Hygienist’s Association. In participation with the Healthy Teeth, Healthy Children initiative Christi presents to medical practitioners about the importance of establishing a dental home and developing a relationship with local dentists to establish access to care. She also works with PA Connect the Dots to help ensure that Dentists are comfortable seeing patients at age one and working with other medical practitioners to bridge this gap in care.